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To: Lawmakers of the State of Connecticut.

THE CURRENT MENTAL HEALTH SYSTEM IN THIS STATE IS NOT A HEALTH CARE PROVIDER AT ALL. I MENTIONED THE FACT THAT OUR SYSTEM FOR MENTAL HEALTH SERVICES CANNOT BE PATCHED UP WITH A BUNCH OF BANDAIDS; IT JUST WOULD NOT WORK!

We need to go all the way back to the drawing board and dictate how we want to help those with mental health and addiction issues. This system is like a drunken Godzilla, stumbling into buildings and smashing people along with their hopes and dreams. The families of those in this system suffer without their love ones for years without representing a danger to themselves or others.

This Mental Health Gozilla leaves no light at the end of the tunnel, and like a roach motel it is almost impossible to break free. To put it simply they warehouse those that are considered mentally challenged for decades. Those making the mistake of pleading insanity, likely to remain for life. Those that did not cause a loss of life will spend decades under the Psychiatric Security Review Board.

Decades away from family.

Decades form gainful employment.

Decades from following their dreams.

Decades from intimate adult contact with a partner of their choice.

None of these realities are healthy. I asked about seven psychologist to fill out a survey explaining what happens to a person when they are deprived of adult contact and normal social interactions. Not one of them returned this anonymous questionnaire to me, and none would explain how this could hurt people that need help. In 2007 the Justice Department said we have no step by step movement toward discharge, and it remains that way sixteen years later.

So This Mental Health Gozilla trample the city for twenty-five hours, and then stops. He falls asleep, then wakes and tramples people for another three hours, and that

seemed not to be good enough. Again he stumbles crashes and tramples for another five hours. Then he tramples for another four hours. He finally see the ocean but they attack him and he returns to trample an additional five more hours.

The hours are years, and that is what the Psychiatric Security Review Board has done to me. Thank You,

Anthony Dyous
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